

## Answers for Cancer Summit

April 15<sup>th</sup> & 16<sup>th</sup> 2016 San Diego California

### Wading through the confusion

3 hours of information in 45 minutes

Presented by:

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You can print out a copy of this presentation  
click on my cats at the bottom of my home page



The information in this presentation is based on:

**My knowledge, experience and feedback from patients and their families, during my 25 years of treating individuals with many types of cancer.**

I am a traditional Naturopath and Board Certified Clinical Nutritionist

## Why do people (and our pets) get cancer?

❖ **Cancer develops when the body's immune response is inadequate**

❖ **The immune system may be inadequate because:**

1. Our foods have been less than optimal for decades
2. Our foods have been grown for looks instead of nutrient content
3. We overcook, overspray and over preserve our foods
4. Our consumption of sugars, starches and alcohol is far too high
5. Our kidneys and liver cannot detoxify all the chemicals we absorb
6. Cordless phones, Wi-Fi and cell phones inflame our body's cells 24/7
7. Our cleansers, soaps, lotions, shampoos & toothpastes contain poisons
8. We get inadequate sleep to accomplish required cellular regeneration
9. Fluoride, chlorine, mercury and other poisons cause cancer
10. Pesticides, Roundup®, and numerous Rx drugs are also carcinogenic
11. Genetically modified foods have been proven to cause cancer
12. Almost all non-organic corn, soy and wheat is GMO in the U.S.

## Anti-cancer diet advice is confusing

- Some say vegetarian diets are better
- Some say vegan diets are better
- Some say omnivorous diets are better -- **so where is the truth?**
- **Traditional societies around the world with almost zero cancer:**
  - Eat omnivorous diets and do not avoid healthy animal proteins or fats
  - Eat their produce and meats closer to harvest - than we do in America
  - DO not eat preserved, canned or packaged foods (some are fermented)
  - Never cook, heat or defrost foods in microwave ovens
  - Eat free range, grass fed or wild animals and birds-**not confined animals**
  - Eat eggs from outdoor **pastured** poultry (**not cage free or free range**)
  - Do not over cook their foods
  - Eat more RAW foods than we do (both vegetable and animal foods)
  - Have **never** consumed a hybridized or genetically modified food
  - Eat RAW dairy products from pastured, grass fed cow and goat milks

Industry has corrupted our use of language

**This facility is certified Cage-Free**

(Massive overcrowding & no fresh air or sunlight- but no cages)



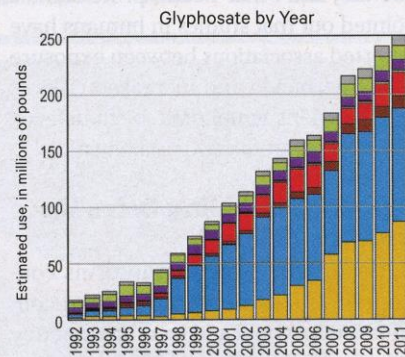
Government statistics on the increasing use of the cancer and neurological disease causing herbicide **Roundup®**

Which contains Glyphosate (and many other toxic chemicals being incorrectly listed as inert ingredients!)

Published research done by professor Giles-Eric Séralini has proven it causes tumors beyond any doubt.

Watch the movie **Genetic Roulette**

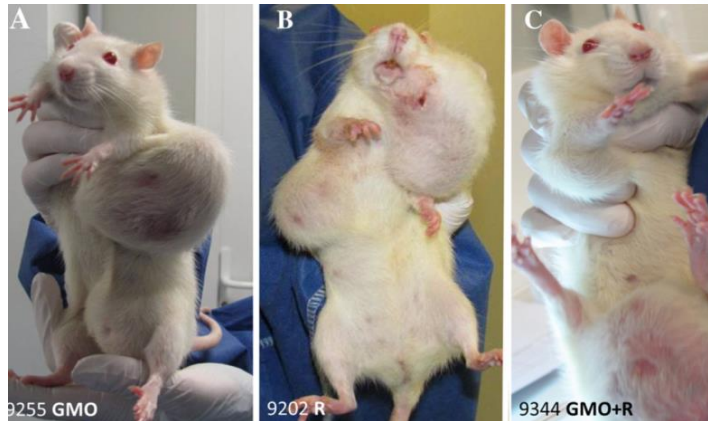
## Pesticide Boom: Glyphosate on the Rise



Source: U.S. Geological Survey, National Water Quality Assessment Program, Pesticides in U.S. Streams and Rivers: Occurrence and Trends during 1992-2011; [water.usgs.gov/nawqa/pnsp/pubs/pest-streams](http://water.usgs.gov/nawqa/pnsp/pubs/pest-streams).

- Other crops
- Pasture and hay
- Orchards and grapes
- Rice
- Vegetables and fruit
- Cotton
- Wheat
- Soybeans
- Corn

## Rats fed with Roundup® Ready GMO corn



Séralini et al. Environmental Sciences Europe 2014, 26:14

Almost all corn and corn products sold in the U.S, which are not Certified Organic, are in fact genetically modified (GMO)

## What about healthy water?

- ✓ Healthy water is from deep clean wells **which don't need filtering**
- ✓ Healthy water has all of its natural minerals intact, not removed by reverse osmosis or worse yet, by distillation
- ✓ Healthy water has a pH value of between 7 and 8.5 **and it says so**
- ✓ Healthy water should be carried in glass or stainless steel bottles
- ✓ The MP3 section of my web site has a free audio MP3 on water
- ✓ Healthy water **Should NOT** have been processed by or through any type of device which requires electric power.
- ✓ The healthiest water has also been structured and energized. You can learn more about this at [www.CrystalBlueEnt.com](http://www.CrystalBlueEnt.com) and at [www.GranderWater.com](http://www.GranderWater.com)

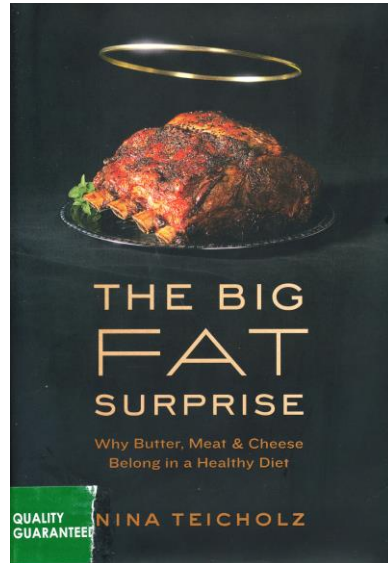
## Some important aspects of most anti-cancer programs that work – are:

- Eliminating sugars, starches and alcohol from the diet
- Eating nutrient dense truly fresh organic meats and vegetables
- Eating a high **good fat** diet and learning what that means
- Limiting or eliminating fruit, due to its high sugar content
- Switching to non toxic kitchen and bathroom products – There is a free printable PDF list in the **Improving Your health** area of my web site
- Eliminating wheat from your diet (along with the other starches)
- **Reducing your exposure to all wireless technologies**
- Finding a practitioner who understands how to:
  - ✓ Adequately support your liver and kidney function
  - ✓ Determine which immune supportive substances are best **for you**
  - ✓ Teach you how to detoxify and help you understand a healthy diet

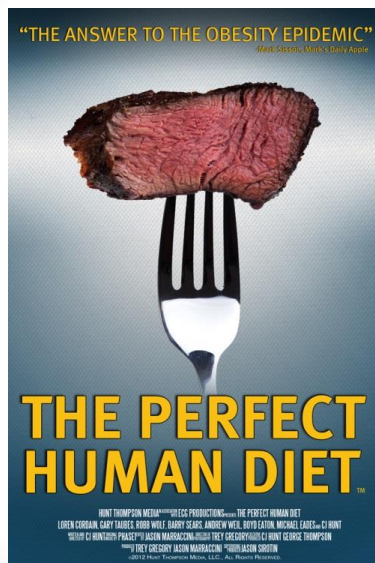
## Two exceptional methods of support

- ❖ No matter what other anti-cancer therapies you are doing, adding these two will always be beneficial **if done properly**
  - ✓ Use a juice extractor to prepare and consume **freshly made** organic vegetable juices twice a day with mixed colors of ripe organic vegetables in a base of carrot juice, with all the fiber removed
  - ✓ Learn how to do a proper coffee enema once a day if possible, as a method of getting poisons out of the body more rapidly –**Explain**
  - ✓ **Coffee enemas and juicing are essential parts of the most successful programs**
  - ✓ **Watch the video of Dr. Nicholas Gonzalez discussing the mostly unknown coffee enema research, in the cancer section of my web site**

## The single best book ever written on the truth about fats & oils



## Possibly the best science based movie on diet



- The nonprofit Price Pottenger Foundation carries the special edition which contains additional interviews with the experts from the movie
- [www.ppnf.org](http://www.ppnf.org)

I'll relax with my girls and take your questions

